

## Curriculum Vitae

### CURRENT LICENSE/CREDENTIALS:

- 1989            **State Certified Licensed Hypnotherapist**  
1988            **M.F.C.C., License**  
1989            **Board of Behavioral Science Examiners Hypnois Certification**  
1974            **General Elementary "Life Teaching Credential"**

### EDUCATION:

- 1983-85        **M.A., Counseling Psychology**  
*Chapman (College) University, Orange, CA*  
1981-83        **B.A., Social Ecology**  
*University of California at Irvine, CA*  
1953-57        **B.A., Music, College of Letters and Science**  
*University of California at Los Angeles*

### RELATED WORK EXPERIENCE:

- 1998 to Present **Private Practice in Santa Barbara (Carpinteria)**  
*Applied psychotherapeutic techniques and treatment of relationship issues for heterosexual and homosexual couples, with focus on abuse (emotional, physical, sexual and substance), marital family and child relationship dysfunction's and parenting. Extensive use of hypnosis regarding problems dealing with: anxiety and phobias, self-esteem, stress and anger management, depression, insomnia, eating disorders, pregnancy and post partum issues, grief counseling, trauma and PTSD and change of life circumstances.*
- 1985-1998      **Private Practice in Newport Beach and Santa Barbara (Carpinteria)**  
*Applied psychotherapeutic techniques and treatment of relationship issues for heterosexual and homosexual couples, with focus on abuse (emotional, physical, sexual and substance), marital family and child relationship dysfunction's, self-esteem, assertion, facilitator for men's and women's groups*
- 2007 to present **United Behavioral Health**  
*Provider for appropriate referrals under MFT licensure*
- 2003 - 2007    **Pacificare Behavioral Health**  
*Provider for all appropriate referrals under MFT licensure*
- 1991- 2003     **Lifelink Plus EAP**  
*Drug and alcohol assessment, counseling and referral, brief psychotherapy with individuals, couples and families*

- 1985- 1991 **National Council on Alcoholism O.C.E.A.N.,**  
**EAP Counselor for:**  
*Drug and alcohol assessment, counseling and referral, brief  
 psychotherapy with individuals, couples and families*
- 1985-1988 **Associated Psychological Services with Hugh M. Petersen, Ph.D.**  
*Applied psychotherapeutic techniques, assessment, diagnosis, prognosis  
 and treatment of premarital, marital, family and child relationship dysfunctions*
- 1985-1987 **The Self Center with Robert Simpson, M.F.C.C.**  
*Psychotherapy with individuals and couples, group psychotherapy with  
 women, families of elderly convalescent patients and management skills  
 for convalescent hospital employees*
- 1985-86 **Algazi Associates with Hy Algazi, Ph.D.**  
*Psychotherapy with individuals and couples*
- 1985-87 **Assistant Academic Coordinator of Graduate Studies, Psychology**  
*Chapman College, Orange, California*
- 1984-85 **Intern Counselor at Chapman College Community Clinic**  
*Supervised psychotherapy, assessment, diagnosis and prognosis with  
 individual, couples, families and groups using various techniques and  
 treatment modalities*
- 1982-83 **Peer Counselor at the Women's Resource Center**  
*University of California at Irvine, California*  
*Crisis counseling, support groups focusing on women's issues*
- 1982 **Volunteer worker at the Laguna Beach Youth Shelter**  
*Supportive counseling with troubled teenagers*
- 1958-1974 **Teacher for: Los Angeles City Schools, Long Beach Unified School  
 District and Oroville Unified School District**  
*Grades 1 through 6, Master Teacher, Acting Vice Principal, Early Child-  
 hood Education, pilot programs for racial integration, pilot programs for  
 National Science Foundation, advisor and coordinator of school guidance  
 and counseling, mainstreaming EH children, team teaching, music  
 coordinator, leader of school chorus, pilot programs in "New Math",  
 special classes for mentally gifted minors*

**SPECIALTY TRAINING: CRISIS COUNSELING, SEXUAL ABUSE, CHILD  
 GROWTH, DEVELOPMENT AND LEARNING, WOMEN'S ISSUES**

- 1993 **Behavior, Nutrition and Menopause (8 Hours)**

- 1987 **Child Abuse Workshop** (8 Hours)  
 1984 **Sexual Abuse and Crisis Counseling Training Workshop** (40 Hours)  
 1958-73 **Teaching Grades 1 through 6**  
*Wide variety of workshops, pilot programs and designated Master Teacher for Long Beach and Los Angeles schools (15 years)*

**SPECIALTY TRAINING --OTHER:**

- 1985 **Master Hypnotist Course**  
*Charles R. Latona, L.C.S.W. (40 hours, plus 30 hours supervision)*
- 1987 **Clinical Psychodrama**  
*Dr. Rene Marineau (24 hours)*
- 1988 **Senses with NLP Techniques** (Hypnosis)  
*Charles R. Latona, L.C.S.W. (16 hours)*
- 1998 **Institute for Natural Resources – Alternative Medicine**  
*Richard S. Colman, Ph.D.*
- 1998 **EMDR Level I Training**  
*Francis Shapiro, Ph.D.*
- 2000 **The Association for Continuing Education**  
 HIV & AIDS Assessment and Treatment  
 Chemical Dependency and Treatment
- 2003 **Community Counseling Center -Emotional Intelligence**  
*George Brown, Ph.D.*
- 2006 **Association for Advanced Training in the Behavioral Sciences**  
 Aging and Long Term Care
- 2008 **Homestead Schools, Inc.**  
 Psychopharmacology for Therapists  
 Chronic Pain  
 Conflict Resolution  
 Sleeping Disorders